**Restorative Nursing**

**Competency**

Post Test- Answer Key

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**Post Test Answer Key – Restorative Nursing Competency**

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| **Question** | **Answer** |
| 1. Restorative Group sessions can be done with 5 residents at a time.
 | FALSE: Restorative group sessions must be 4 or less residents per care giver |
| 1. If a resident refuses a restorative program, the CNA must report this to the nurse.
 | TRUE: The nurse can then talk with the resident to identify why, offer alternatives and inform of the risks/benefits of the program |
| 1. A resident is on a walking and transfer program. It takes you a total of 15 minutes. You can document 15 minutes on each program.
 | FALSE: Each individual program minutes MUST be documented separately |
| 1. We can skip a day of a Restorative Program on days we are busy if it is only once in a while.
 | FALSE: Programs need to be offered and implemented as indicated in the care plan |
| 1. A resident who is always incontinent, dependent on staff and is on a “Check and Change” routine is not considered to be on a Restorative Toileting Program.
 | TRUE: This is dependent care and is not a formal Restorative Toileting Program |