**Diet and Food Textures**

**Competency**

Training Plan

**Training Plan – Diet and Food Textures**

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| **Training Name:**  **Diet and Food Textures** | | |
|  | ❑ **Training** ❑ **Simulation** ❑ **Workshop** 🗹 **Presentation** | |
| ***Training Objectives*** | 1. Verbalize understanding of the regulations as they relate to diet and food textures 2. Understand the importance of following the plan of care when providing the resident with the proper diet/food texture. 3. Describe the importance of good communication with the interdisciplinary team on resident specific diet needs or concerns | |
| ***Connection to Overall Project Goals*** | * This training is part of the overall project to educate and support nursing facility operators and staff regarding the revised requirements of participation for nursing homes as it relates to diet and food textures | |
| ***Participants:***  ***Who should attend?*** | For the purposes of this education, we will refer to the regulations for the competency for assistive devices including feeding assistants  Education is offered in slide presentation form with speaker’s notes for use by each facility.  Participants:  Nursing Staff-RN, LPN, Nursing Assistant  Interdisciplinary Team-if trained Feeding Assistant if used in facility | |
| **What training should they attend before this one?** | * No pre-requisite |
| **What training should they attend after this?** | * Annually, new hire and as needed |
| ***Facilitators:***  ***(How many trainers should participate and whom?)*** | ***One presenter will be needed to facilitate the presentation, discussion and post-test*** | |
| *Logistics Requirements* | *What is needed?* | * Dining assistance techniques and adaptive equipment slide presentation * Attendance Sheet |
| * Room for training * Projector * Screen or another blank light-colored surface | * Room for training * Projector * Screen or another blank light-colored surface |

**TRAINING RESOURCES**

* Centers for Medicare and Medicaid Services (CMS) State Operations Manual, Appendix PP. Guidance to Surveyors for Long Term Care Facilities: <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf>
* Centers for Medicare and Medicaid Services, Form CMS-20053 (1/2018) Dining Observation, CMS-20075 (5/2017) Nutrition Critical Element Pathway, CMS 20092 (5/2017) Hydration Critical Element Pathway and Specialized Rehabilitative or Restorative Services Critical Element Pathway, Form CMS 20080 : <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/GuidanceforLawsAndRegulations/Nursing-Homes.html>
* Centers for Medicare and Medicaid Services (CMS): <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursinghomeQualityInits/MDS30RAIManual.html>
* International Dysphagia Diet Standardisation Initiative: <https://iddsi.org/>
* American Speech-Language-Hearing Association. Adult Dysphagia: <https://www.asha.org/PRPSpecificTopic.aspx?folderid=8589942550&section=Signs_and_Symptoms>