**Food and Nutrition Cultural Competency**

Post Test – Answer Key

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**Answer Key**

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| **Question: True or False?** | **Answer** |
| 1. Humans gather, hunt, cultivate plants, and raise livestock for food.
 | True |
| 1. The food choices of different cultural groups are often connected to ethnic behaviors and religious beliefs.
 | True |
| 1. Asian and Creole are examples of religious food cultures.
 | False. Asian and Creole are examples of geographic food cultures. |
| 1. Knowing a resident’s food culture assists in providing person-centered care.
 | True |
| 1. The Facility-Wide Resource Assessment helps facility leaders identify the skill sets needed to care for residents with different cultures.
 | True |