**Physical Assessment & Evaluation**

**Competency**

Training Plan

**Training Plan – Resident Evaluation/Physical Assessment**

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| **Training Name: - Resident Evaluation/Physical Assessment** | | |
|  | ❑ **Training** ❑ **Simulation** ❑ **Workshop** 🗹 **Presentation** | |
| ***Training Objectives*** | * The learner will understand a systems approach to physical assessment * The learner will demonstrate a systematic Head to Toe Assessment * The learner will be familiar with common physical changes associated with aging * The learner will be familiar with common signs and symptoms of CHF, COPD and MI | |
| ***Connection to Overall Project Goals*** | The training is part of the overall project to educate and support nursing facility operators and staff regarding the requirements of participation for nursing homes as it relates to Resident Evaluation/Physical Assessment. | |
| ***Participants:***  ***Who should attend?*** | * Nursing Staff | |
| **What training should they attend before this one?** | * No pre-requisite |
| **What training should they attend after this?** | * Annually and as needed |
| ***Facilitators:***  ***(How many trainers should participate and whom?)*** | One presenter will be needed to facilitate the PowerPoint presentation, discussion and post-test | |
| **Logistics Requirements** | **What is needed?** |  |
| * Room for training * Projector * Screen or other blank light- colored surface |  |

**Training References**

* CMS: State Operations Manual, Appendix PP, Guidance to Surveyors for Long Term Care Facilities:

https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\_pp\_guidelines\_ltcf.pdf

* Evaluation of the Elderly Patient By Richard W. Besdine, MD, Professor of Medicine, Greer Professor of Geriatric Medicine, and Director, Division of Geriatrics and Palliative Medicine and of the Center for Gerontology and Healthcare Research, Warren Alpert Medical School of Brown University: [www.merckmanuals.com/professional/geriatrics/approach-to-the-geriatric-patient/evaluation-of-the-elderly-patient](http://www.merckmanuals.com/professional/geriatrics/approach-to-the-geriatric-patient/evaluation-of-the-elderly-patient)
* Centers for Medicare & Medicaid Services Long-Term Care Facility Resident Assessment Instrument 3.0 User’s Manual, Version 1.16. October 2018: <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/MDS30RAIManual.html>
* U.S. Department of Health and Human Services, Office for Civil Rights, May 20, 2016. “Guidance and Resources for Long Term Care Facilities: Using the Minimum Data Set to Facilitate Opportunities to Live in the Most Integrated Setting: <https://www.hhs.gov/sites/default/files/mds-guidance-2016.pdf>
* Centers for Medicare & Medicaid Services. MDS 3.0 Training: <https://www.cms.gov/medicare/quality-initiatives-patient-assessment-instruments/nursinghomequalityinits/nhqimds30trainingmaterials.html>
* American Heart Association. Heart Attack Symptoms in Women: <https://www.heart.org/en/health-topics/heart-attack/warning-signs-of-a-heart-attack/heart-attack-symptoms-in-women>