**Food and Nutrition Cultural Competency**

Training Plan

**Training Plan – Food and Nutrition Cultural Competency**

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| **Training Name: Food and Nutrition Cultural Competency** | | |
|  | ❑ **Training** ❑ **Simulation** ❑ **Workshop** 🗹 **Presentation** | |
| ***Training Objectives*** | 1. Discuss Food and Nutrition Cultural Competence and describe why it is important in the healthcare field. 2. Discuss policies, procedures, and practices associated with Food and Nutrition Cultural Competence. 3. Discuss the importance of documentation regarding Cultural Competence. | |
| ***Connection to Overall Project Goals*** | This training is part of the overall project to educate and support nursing facility operators and staff regarding the revised Requirements of Participation for nursing homes. | |
| ***Participants:***  ***Who should attend?*** | For the purposes of this education, we will refer to the regulations for Food and Nutrition Cultural competency.  Education is offered in slide presentation form with speaker’s notes for use by each facility. | |
| **What training should they attend before this one?** | * No pre-requisite |
| **What training should they attend after this?** | * No specific follow up |
| ***Facilitators:***  ***(How many trainers should participate and whom?)*** | One presenter will be needed to facilitate the presentation, discussion, and post-test. | |
| ***Logistics Requirements*** | ***What is needed?*** |  |
| * Room for training * Projector * Screen or another blank light-colored surface | * Slide presentation * Post-test * Education sign-in sheets or facility-designated method to verify attendance |

**TRAINING RESOURCES**

* Centers for Medicare and Medicaid Services (CMS) State Operations Manual, Appendix PP. Guidance to Surveyors for Long Term Care Facilities: <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf>
* Centers for Medicare and Medicaid Services (CMS): <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursinghomeQualityInits/MDS30RAIManual.html>
* National Quality Forum (NQF). A Comprehensive Framework and Preferred Practices for Measuring and Reporting Cultural Competency: A Consensus Report. Washington, DC: NQF; 2009
* ”National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care: A Blueprint for Advancing and Sustaining CLAS Policy and Practice” Office of Minority Health, U.S. Department of Health and Human Services, April 2013 <https://www.thinkculturalhealth.hhs.gov/pdfs/EnhancedCLASStandardsBlueprint.pdf>
* LTC Survey Pathways (Download)

<https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlawsandregulations/nursing-homes.html>

* + CMS-20053 “Dining Observation”
  + CMS-20055 “Kitchen/Food Service Observation”
  + CMS-20062 “Sufficient and Competent Nurse Staffing Review”
* Religious Food Requirements

<http://www.flinders.edu.au/medicine/fms/sites/helpp/documents/Fact%20Sheets/Religious%20Food%20Requirements%20Summary.pdf>

* Position of the Academy of Nutrition and Dietetics: Individualized Nutrition Approaches for Older Adults: Long-Term Care, Post-Acute Care, and Other Settings. Dorner, Becky et al. Journal of the Academy of Nutrition and Dietetics, Volume 118, Issue 4, 724 – 735
* Dietary Restrictions, Food Allergies and Religious Restrictions

<http://www.webster.edu/specialevents/planning/food-information.html>