**Staff Food and Nutrition Cultural Competency Checklist**

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**Name:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Title:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Hire Date**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

| **Skill Area** | | **Evaluation**  **(Check One)** | | **Method of Evaluation**  **(Check One)**  D = Skills Demonstration  O = Performance Observation  W = Written Test  V = Verbal Test | | | | **Verification**  **(Initials/Date)** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Competency**  **Demonstrated/**  **Meets**  **Standards** | **Needs Additional Training** |
| **D** | **O** | **W** | **V** |
| **All Staff** | Describe one’s role in gathering and documenting resident information related to food and nutrition cultural preferences. |  |  |  |  |  |  |  |
| State how respecting a resident’s food and nutrition cultural preferences fosters person-centered care principles. |  |  |  |  |  |  |  |
|  | Discuss measures to promote a positive atmosphere at mealtime and/or at celebrations or activities that offer food. |  |  |  |  |  |  |  |
| Identify the geographic and religious food and nutrition cultures among the residents and staff of the facility. |  |  |  |  |  |  |  |
| Describe the role of the Food and Nutrition Services Department in meeting the food and nutrition cultural preferences of residents.   * Assessment process * Care Plan * Implementation |  |  |  |  |  |  |  |
|  | Describe the role of the Nursing Services Department in meeting the food and nutrition cultural preferences of residents.   * Assessment process * Care Plan * Implementation |  |  |  |  |  |  |  |
| Describe the role of the Activities/Therapeutic Recreation Department in meeting the food and nutrition cultural preferences of residents. |  |  |  |  |  |  |  |
| State the policy of the nursing facility regarding personal food items. |  |  |  |  |  |  |  |
| **Other (Describe)** |  |  |  |  |  |  |  |  |
| **Other (Describe)** |  |  |  |  |  |  |  |  |

**References**

Centers for Medicare & Medicaid Services State Operations Manual, Appendix PP – Guidance to Surveyors for Long Term Care Facilities (Rev. 173, 11-22-17): <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf>

Position of the Academy of Nutrition and Dietetics: Individualized Nutrition Approaches for Older Adults: Long-Term Care, Post-Acute Care, and Other Settings

Dorner, Becky et al.

Journal of the Academy of Nutrition and Dietetics, Volume 118, Issue 4, 724 - 735

#### Academy of Nutrition and Dietetics: Revised 2018 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Post-Acute and Long-Term Care Nutrition

Robinson, Gretchen E. et al.

Journal of the Academy of Nutrition and Dietetics, Volume 118, Issue 9, 1747 - 1760.e53

Health Information in Multiple Languages

<https://medlineplus.gov/languages/languages.html>

LTC Survey Pathways (Download)

<https://www.cms.gov/medicare/provider-enrollment-and-certification/guidanceforlawsandregulations/nursing-homes.html>

* CMS-20053 “Dining Observation”
* CMS-20055 “Kitchen/Food Service Observation”
* CMS-20062 “Sufficient and Competent Nurse Staffing Review”

**\*I certify that I have received orientation in the above-mentioned areas.**

**\*Employee:**

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**Initials**  **Signature**  **Date**

**Evaluator/Trainer:**

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**Initials Signature Date**

***(PLACE IN EMPLOYMENT FILE)***