**Licensed Nurse Competency Checklist-** **Diet and Food Textures**

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**Name:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Title:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Hire Date**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

| **Skill Area** | | **Evaluation**  **(Check One)** | | **Method of Evaluation**  **(Check One)**  D = Skills Demonstration  O = Performance Observation  W = Written Test  V = Verbal Test | | | | **Verification**  **(Initials/Date)** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Competency**  **Demonstrated/**  **Meets**  **Standards** | **Needs Additional Training** |
| **D** | **O** | **W** | **V** |
| **Licensed Nurse Competency Checklist- Diet/Food Texture** | Demonstrates involvement of resident/resident representative in the development of the care plan and defining choices and preferences with diet/food textures |  |  |  |  |  |  |  |
| Identifies physician order for diet/food texture  \*\*Facility to identify the types of diets |  |  |  |  |  |  |  |
| Verbalizes process to work with the dietary department on providing snacks, nourishments and liquids or supplies for proper diet/food texture for foods/fluids in between meals and with medication pass |  |  |  |  |  |  |  |
| Demonstrates proper thickening of liquids per manufacturer’s recommendations for liquids that are not provided pre-thickened |  |  |  |  |  |  |  |
| Ensures resident is at correct type of table with proper positioning to accommodate resident specific needs |  |  |  |  |  |  |  |
| Licensed nurse demonstrates documentation responsibilities:   * Assessment Process * Identification of any swallowing or chewing difficulties * Care Plan Development, Implementation and Revisions * Communication * Etc. |  |  |  |  |  |  |  |
| Demonstrates dining room monitoring of residents |  |  |  |  |  |  |  |
|  | Demonstrates monitoring for comfortable dining room temperature for the resident;   1. Ask the resident and watch non-verbal signs 2. Be aware of drafts and vents 3. Offer a blanket or sweater to resident who are cold or 4. open a window near areas that are stuffy |  |  |  |  |  |  |  |
| Observes residents are offered proper diet/food texture at meals |  |  |  |  |  |  |  |
| **Promotes** calm dining environment e.g., avoid loud TV/Radio, room temperature appropriate |  |  |  |  |  |  |  |
|  | Uses/demonstrates specific techniques as care planned to enhance swallowing |  |  |  |  |  |  |  |
|  | Maintains CPR Certification |  |  |  |  |  |  |  |
| **Other (Describe)** |  |  |  |  |  |  |  |  |
| **Other (Describe)** |  |  |  |  |  |  |  |  |

**\*I certify that I have received orientation in the above-mentioned areas.**

**\*Employee:**

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**Initials**  **Signature**  **Date**

**Evaluator/Trainer:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

**Initials Signature Date**

***(PLACE IN EMPLOYMENT FILE)***

**References**

* Centers for Medicare and Medicaid Services (CMS) State Operations Manual, Appendix PP-Guidance to Surveyors for Long Term Care Facilities. (Rev. 173, 11-22-17): <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf>
* Centers for Medicare and Medicaid Services, Form CMS-20053 (1/2018) Dining Observation, CMS-20075 (5/2017) Nutrition Critical Element Pathway, CMS 20092 (5/2017) Hydration Critical Element Pathway and Specialized Rehabilitative or Restorative Services Critical Element Pathway, Form CMS 20080 : <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/GuidanceforLawsAndRegulations/Nursing-Homes.html>
* International Dysphagia Diet Standardisation Initiative: <https://iddsi.org/>
* American Speech-Language-Hearing Association. Adult Dysphagia: <https://www.asha.org/PRPSpecificTopic.aspx?folderid=8589942550&section=Signs_and_Symptoms>