**Diet and Food Textures Competency**

Post Test – Answer Key

D

**POST TEST FOR DIET AND FOOD TEXTURES**

**ANSWER KEY**

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| **Question: True or False?** | **Answer** |
| 1. The physician can delegate the registered or licensed dietician to order a mechanically altered diet if the State law agrees
 | TRUE |
| 1. When thickening liquids, if the liquid doesn’t seem to thicken, it is acceptable to add more product.
 | FALSE. Staff must always follow manufacturer’s instructions on the amount of product and how long to wait for liquids to thicken |
| 1. Increased secretions and sneezing can be a sign of a swallowing concern and should be reported to the nurse.
 | TRUE |
| 1. If a resident is on a pureed diet but they want a cookie during activities, the activity staff should give them the cookie because it is the resident’s right to have the cookie.
 | FALSE. The activity staff should notify the nurse. Safety is crucial |
| 1. A nourishing snack means that the item should come from the basic food groups.
 | TRUE |