

Equip your staff with the skills needed to handle bioterrorism threats and other public health emergencies with PREPARE, a train-the-trainer program. You'll be able to assure residents and families that your community is ready to:



- **Meet the special needs** of older adults in your care
- **Recognize, respond to,** and **mitigate** both manmade and natural threats
- Take a **coordinated approach** to **alert** and **involve** local, state, and national agencies

⚠️ How You'll PREPARE

The PREPARE two-day train-the-trainer workshop may be attended, **at no cost**,* by two persons from your qualified senior living community. The two persons become PREPARE Specialists who gain tools to teach the Learning Modules to your entire staff.

*PREPARE is funded by a Bioterrorism and Curriculum Development Program (BTCDP) grant from the Office of the Assistant Secretary of Preparedness and Response, Department of Health and Human Services.

Who Should Attend

Members from independent and assisted living communities, skilled nursing, and home health care agencies, including:

- Directors of Nursing
- Educational Directors
- Health Care or Nursing Home Administrators
- Risk Managers
- Safety Officers
- Social Workers

Tools to Teach

PREPARE Specialists leave the workshop with:

- *Trainer Guide* for the Learning Modules
- CD-ROM of resources and templates
- *Updating Your Disaster Plan*, an AAHSA (American Association of Homes and Services for the Aging) publication
- Comprehensive handouts
- Spanish versions of select materials
- Certificates of completion

Vital Topics

Learning Module highlights include:

- Disaster Surveillance and Communication
- Leadership During Disasters
- Mobilizing Community Resources
- Biological and Chemical Agents: Impact on Older Adults
- Creating an Effective Disaster Plan

Earn As You Learn

Continuing Education credit is given to train-the-trainer workshop participants who successfully complete the Learning Modules.

Oakton Community College/Alliance for Lifelong Learning/Continuing Education for Health Professionals is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

To Participate

Now that your community is ready to PREPARE, the grant-funded program requirements include:

- Two persons trained via the workshop
- Complete implementation of the Learning Modules within four months of workshop attendance
- Participation in program evaluation components, which will help you determine how effective your community responds to emergency situations

Workshop Locations

Mather LifeWays, 1603 Orrington Ave., Evanston, Illinois 60201

Life Services Network of Illinois, 911 N. Elm St., Hinsdale, Illinois 60521

Both locations are close to Chicago, O'Hare International Airport, and hotel accommodations.

For groups of 24-30 participants (10-12 communities), you can schedule a workshop at a convenient location in your state.

Register for PREPARE

Have a plan in place for your community should a manmade or natural disaster occur – and confidently assure residents and their families that you've done all you can do to PREPARE.



For a complete list of workshop dates, visit www.matherlifeways.com/prepare or e-mail prepare@matherlifeways.com.



To register or for more information, call Theresa Sangram at (847) 492-6790 or toll-free (888) 722-6468.

PREPARE is brought to you by Mather LifeWays. We enhance the lives of older adults by creating Ways to Age Well.SM

Mather LifeWays
Institute on Aging
1603 Orrington Ave., Suite 1800
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Up to 91% of
long-term care
communities are ill-
prepared to deal with
bioterrorism threats
and other public
health emergencies.

—Survey conducted by Mather LifeWays Institute on Aging



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PREPARE

How can you prepare your long-term care
workforce to handle an emergency or disaster?

